**These are my medical issues-**

* I have a diagnosis of ASD.
* I have a diagnosis of Asperger’s Syndrome.
* I have a diagnosis of Dyslexia.
* I have a diagnosis of Epilepsy.
* I have a diagnosis of Diabetes.
* I have a diagnosis of ADHD.
* I have a diagnosis of dyspraxia.
* I have a diagnosis of Asthma.
* I use an inhaler.
* I suffer from nocturnal enuresis.
* I suffer from allergies.
* I have an Epipen.
* I am allergic to Bee Stings.
* I have a diagnosis of Tourette’s Syndrome.
* I suffer from Cystic Fibrosis.
* I suffer from Encopresis.
* I suffer from anxiety.
* I suffer from depression.
* I have a hearing impairment.
* I have a stammer.
* I have a diagnosis of Haemophilia.
* I wear glasses.
* I wear hearing aids.
* I have mobility issues.
* I have a prosthetic limb.
* I have a limited diet.

**These are my strengths and interests-**

* I am good at practical subjects. I especially enjoy mechanics, working with bikes etc.
* I am interested in roller blading.
* I am good at cooking, I attend HE at Burnhouse.
* I can give my opinion clearly.

**These are my concerns-**

* I can find it difficult to follow instructions.
* I like to have my say and be listened to.
* I can get very anxious in some classroom situations. I find remove difficult to cope with. If classes are too boisterous I get a bit on edge and feel like I need to get out.
* I can get frustrated.
* I don’t react well to raised voices.
* I have to have the last word in an argument.
* I hate to lose a game.
* Sometimes I speak without thinking about the consequences.
* I like to touch people and get too close to them which upsets them.
* I can be inflexible in my thinking.
* I don’t think I am good at writing and prefer not to.
* I am a perfectionist.
* My self-esteem level can impact on my work.
* I don’t like to fail.
* The word / smell / fabric / sound can annoy me.

**These are my targets- (5 targets)**

* **Set on ………**
* To complete current work module.
* I can join in with a \_\_\_\_\_\_ lesson.
* I can stay in class for the whole period.
* When angry I can use my time out space.

**To be reviewed……. 6 weeks later**

**These are strategies to support me-**

* Speak with me in a calm voice.
* Allow me to use time out when I need to. I have a time out card.
* Break instructions into small chunks.
* Give me space to handle situations but provide reassurance that I can get help if I need it.
* Be specific when asking me to do something or behave a certain way.
* Explain things clearly.
* Access to a laptop for written tasks can be helpful.
* I learn best in a calm and quiet environment.
* Use Signalong or sign language.
* I like rules presented positively.
* I use an individual timetable (detachable, using pictures and/or symbols) in class.
* Visual supports used to prompt/help me through self-help routines e.g. changing shoes, emptying bag, getting dressed etc.
* 1:1 support from staff in order to complete self-help routines.
* Clear, simple and concise language used to help his comprehension of verbal instructions/directions/ information.
* When giving instructions/directions, staff should check that I have understood what has been asked of me.
* Prompt cards used to remind me to interact appropriately during group times.
* Clear, visual signals (e.g. sand timers) to prepare me for an activity finishing. Also used when changing shoes/getting ready for PE.
* New tasks broken down into small steps.
* TEACCH approach used to prepare classroom environment e.g. visual timetables, clearly identified work spaces etc.
* Individual and independent work sessions along with small group settings.
* Adult supervision during out of class times.
* I like to feel that there has been some negotiation.
* I like a task and reward approach to tasks.
* I want to know what I am learning and why.
* Use short term targets as a focus.
* I need my own space, please don’t stand too close.
* I need processing time to answer questions.
* I prefer quiet to calm down; please do not speak to me.
* I need coloured paper to work on.
* I must have Comic Sans font.
* I need a fidget toy.
* I like to have a transition object to move to another task/ place.
* Completing my tasks on a laptop or scribed.
* I am a visual learner.
* I am an audio learner.
* I am a kinaesthetic learner.